

**HSN1E
Society**

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HSN1ESociety.org



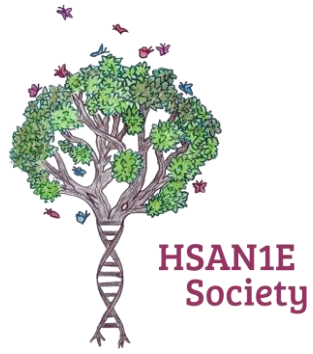
HSAN1E Society

- ▶ HSAN1E Society is a 501(c)(3) non-profit organization,
- ▶ Started in 2015, by members of an affected family.
- ▶ HSAN1E Society's purpose is:
 - ▶ create awareness of HSAN1E
 - ▶ provide emotional support to families affected by HSAN1E
 - ▶ help facilitate research through education and contributions



What is HSAN1E

- ▶ Hereditary Sensory and Autonomic Neuropathy, Type 1E
- ▶ Alternate Names:
 - ▶ Hereditary Sensory Autonomic Neuropathy with dementia and hearing loss
 - ▶ DNMT1 complex disorder with hearing loss and dementia



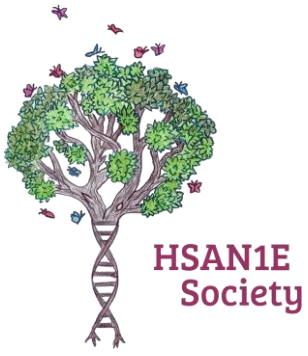
HSAN1E - The Basics

- ▶ Ultra Rare Genetic neurological disorder
 - ▶ Autosomal Dominant
 - ▶ Mutation in the DNMT1 gene
 - ▶ DNA Methylation
 - ▶ Embryonic Development
- ▶ Severely affects the Peripheral and Central Nervous System
- ▶ Three Main Symptoms:
 - ▶ Hearing Loss
 - ▶ Peripheral Neuropathy
 - ▶ Dementia
- ▶ 100% Fatal

Note

Related Symptoms or Disorders:

Narcolepsy, seizures, optic atrophy, myoclonus, cerebellar ataxia, FTD



HSAN1E – Onset and Progression

- ▶ Adult onset
 - ▶ Between 32 – 37 years
 - ▶ hearing loss, cognition or behavioral changes (dementia)
 - ▶ But can vary even among members of same family, De Novo mutations
- ▶ Progressive disease
 - ▶ 10-15 years between onset and death
 - ▶ Hearing loss – steady decline
 - ▶ Peripheral neuropathy - unsteady gait/balance, ulcers, immobility
 - ▶ Dementia – cognition decline, behavioral, psychiatric, psychosis
 - ▶ Other Issues: digestive tract, speech
 - ▶ Total Body/Mind failure
- ▶ Average life span of affected individual is 50 years



HSAN1E -Diagnosis

- ▶ HSAN1E Diagnostic Testing
 - ▶ Identification of 3 main symptoms
 - ▶ Hearing Tests
 - ▶ Cognitive Assessment
 - ▶ Nerve Conduction Studies
 - ▶ Patient/family history
 - ▶ DNA testing
 - ▶ Targeting mutations on the DNMT1 gene

Due to lack of awareness, HSAN1E is largely misdiagnosed, or undiagnosed



HSAN1E - Treatments

- ▶ No Cure

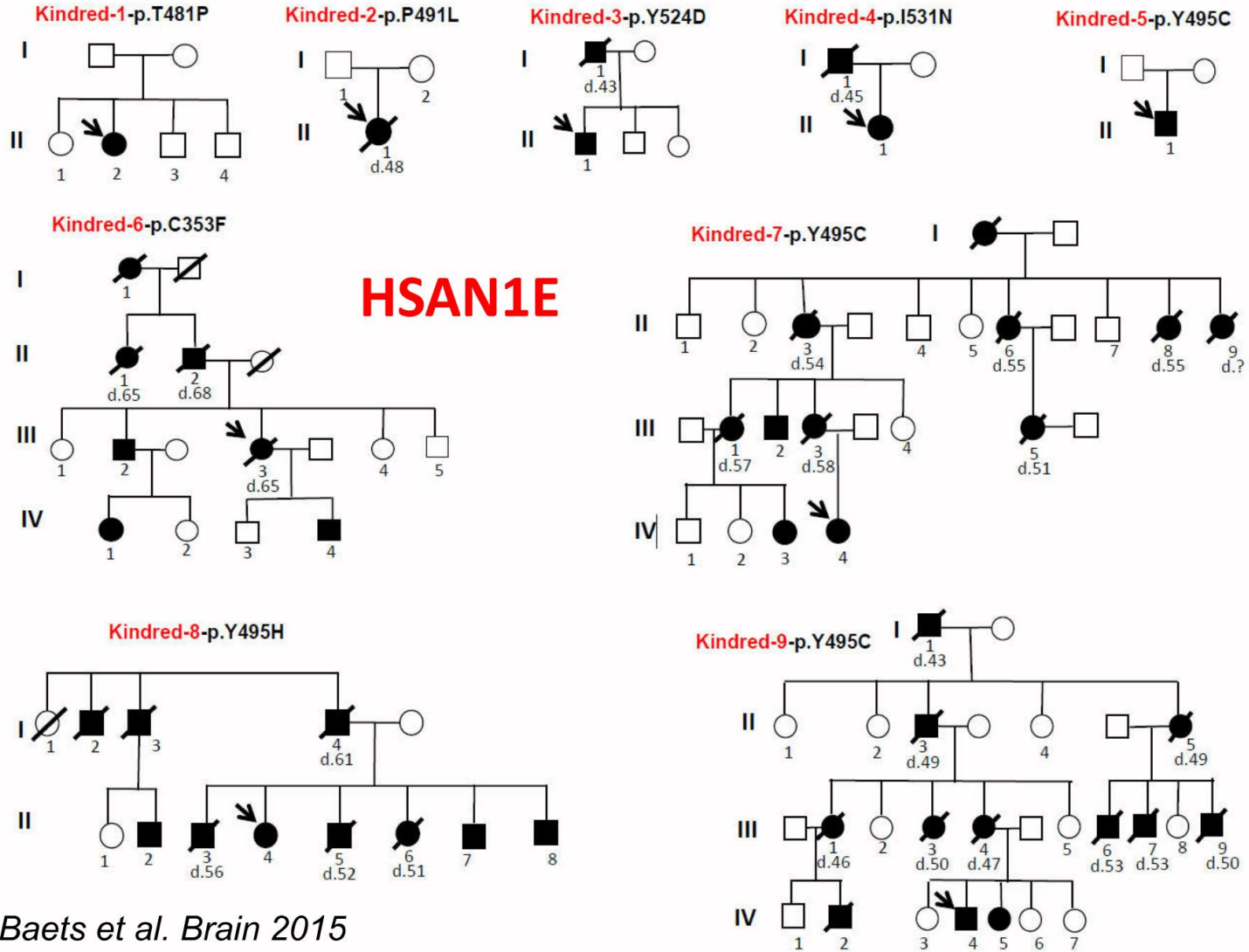
- ▶ Can Manage symptoms
 - ▶ Hearing aids
 - ▶ Medications
 - ▶ Wound care

- ▶ Need team of specialists and caregivers
 - ▶ Neurologist, audiologist and Podiatrist
 - ▶ Caregivers, help managing life

- ▶ End of life care



Frequency of disease and varied phenotypes





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